

SF 760: Spiritual Guidance
Ashland Theological Seminary
Detroit Fall Quarter, 2007
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COURSE DESCRIPTION

The nature, function, and practice of the discerning ministry, which is variously termed spiritual direction, friendship, or mentoring.

COURSE OBJECTIVE

Upon completion of this course students will:

Understand spiritual guidance both in theory and in practice.

Have a deeper sense of the workings of God by watching Him.

Demonstrate the practice of spiritual guidance as the mentor.

Be willing to be lead as a mentee

TEXTBOOKS

Anderson, Keith R. and Randy D. Reese. 1999. *Spiritual Mentoring: A Guide for Seeking and Giving Direction*. Downers Grove, IL: Intervarsity Press. ISBN 0-8308-2210-0

De Caussade, Jean-Pierre. 1966. *The Sacrament of the Present Moment*. New York: HarperCollins. ISBN 0-06-061811-6

Nouwen, Henri J.M. 1996. *Can You Drink the Cup?* Notre Dame, IN: Ava Maria Press. ISBN 0-87793-581-5

ASHLAND THEOLOGICAL SEMINARY ACADEMIC ATTENDANCE POLICY

“Students should not miss the first session of any class. ATS is on the quarter system, and the first session of every class is crucial in receiving the requirements and noting the foundational elements for each subject area. Attendance at all class sessions is expected unless the professor has been notified in advance. **Any student missing the equivalent of six class hours will be required to do additional work, receive a lower grade or withdraw from the class, at the discretion of the professor.**”

ASHLAND THEOLOGICAL SEMINARY ACADEMIC INTEGRITY POLICY

“Ashland Theological Seminary seeks to model servant leadership derived from biblical standards of honesty and integrity. We desire to encourage, develop, and sustain men and women of character who will exemplify these biblical qualities in their ministry to the church and the world. As members of the seminary community, students are expected to hold themselves to the highest standards of academic, personal, and social integrity. All students, therefore, are expected to abide by the academic integrity standards outlined in the Student Handbook.”

SPECIAL NEEDS:

“For students who have specific physical, psychiatric or learning disabilities and require accommodations, please let the professors know early in the quarter (preferably the first week) so that your learning needs can be appropriately met. In order to receive accommodations, documentation concerning your disability must be on file with Classroom Support Services, 105 Amstutz Hall, Ashland University, 419-289-5953. Please contact them with any questions you may have.”

COURSE GRADES and REQUIREMENTS

Grading for this course is based on the satisfactory completion of the requirements. If the student fails to successfully complete the contract, the professor based on her evaluation of the student’s performance will give a grade. To receive an “A” the work submitted must be “A” quality.

GRADING SCALE

A	97-100	4.0
A-	92-96	3.7
B+	89-91	3.3
B	86-88	3.0
B-	83-85	2.7
C+	80-82	2.3
C	77-79	2.0
C-	74-76	1.7
D+	71-73	1.3
D	68-70	1.0
D-	65-67	.

COURSE REQUIREMENTS

1. Attend all classes and participate in class activities and discussions. Late assignments will not be accepted without written permission from the instructor. 10%
2. Read assigned readings:
 Nouwen, *Can You Drink the Cup*. **(Complete Oct. 30, 2007)**
 Anderson & Reese, *Spiritual Mentoring*. **(Complete Nov. 27, 2007)**
 DeCaussade, *The Sacrament of the Present Moment*. **(Complete Dec. 4, 2007)**
3. Journal DeCaussade. Summarize on last pages of journal what this time has meant for you as one being mentored and as a mentor. (15%)
(Due December 4, 2007)
 3. Write a 4-6 page reflection paper looking at your own life, discuss the four reflection questions in Anderson on page 20. (15%)
(Due October 9, 2007)
4. Prepare a 15 minute Presentation discussing the below: (20%)
 - a) Your mentoring style from Clinton's Mentoring Types.
 - b) The importance of the seven essentials elements of spiritual mentoring for the task.
 - c) Covenant making and how it will benefit your process.
 - d) Outline a tentative plan of events for your mentoring sessions.
 (Project extends four weeks between October 30 and November 27.)
(Due October 30, 2007)
5. Complete Course project, 10-12 page report on four weeks of mentoring between October 30 and November 27. Discuss your style of mentoring, describe the person (no names). Report on your schedule, discuss your outcomes, both personal and for mentee. Summarize the event discussing your personal growth or lack. (40%)
(Due December 4, 2007)

COURSE OUTLINE

Date	Topic	Assignment
Oct. 2	An Imitative Faith	And: F- chp.1; Nou: P-chp 1; Cau: P- chp 1
Oct. 9	What is Spiritual Mentoring	And: chp 2; Nou: chps 2-3; Cau: chp 2
Oct. 16	Attraction	And: chp 3; Nou: chps 4-5; Cau: chp 3
Oct. 23	Relationship	And: chp 4; Nou: chps 6-7; Cau: chp 4
Oct. 30	CLASS PRESENTATIONS	Nou: chps 8-9,C-E; Cau: chp 5
Nov. 6	Responsiveness	And: chp 5; Cau: chp 6
Nov. 13	Accountability	And: chp 6; Cau: chp 7
Nov. 27	Empowerment	And: chp 7; Cau: chp 8-9
Dec. 4	Spiritual Mentoring	Cau: chp 10
Dec. 11	Spiritual Mentoring	Cau: chp 11

Suggested Reading

- Barrett, Marilyn. 2001. *Creating Eden: The Garden as a Healing Space*. New York: HarperCollins.
- Barry, William A. and William J. Connolly. 1983. *The Practice of Spiritual Direction*. New York: Seabury.
- Biehl, Bob. 1996. *Mentoring: Confidence in Finding a Mentor and Becoming One*. Nashville: Broadman and Holman.
- Blount, Brian K. ed. 2007. *True to Our Native Land: An African American New Testament Commentary*. Minneapolis: Fortress Press.
- Brooke, Avery. 2004. *Healing in the Landscape of Prayer*. Cowley Publications.
- Bryant, Cecelia Williams. 1991. *KIAMSHA: A Spiritual Discipline for African American Women*. Baltimore: AKOSUA VISIONS.
- _____. 1993. *KUJUA: A Spirituality of the Hidden Way*. Baltimore: AKOSUA VISIONS.
- Curtis, Brent and John Eldredge. 1997. *The Sacred Romance: Drawing Closer to the Heart of God*. Nashville: Thomas Nelson Publishers.
- Donnelly, Doris. 1993. *Spiritual Fitness: Everyday Exercises for Body and Soul*. Harper SanFrancisco.
- Eldredge, John. 2000. *The Journey of Desire: Searching for the Life We've Only Dreamed Of*. Nashville: Thomas Nelson Publishers.
- Fenelon, Francois. 1973. *Let Go*. New Kensington, PA: Whitaker House.
- _____. 1992. *The Seeking Heart*. Christian Books Publishing
- Flinders, Carol Lee. 1993. *Enduring Grace: Living Portraits of Seven Women Mystics*. New York : HarperCollins.
- Foster, Richard. 1992. *Prayer: Finding the Heart's True Home*. Harper SanFrancisco.
- _____. 1998. *Celebration of Discipline: The Path to Spiritual Growth*. New York: HarperCollins.
- _____. 1998. *Streams of Living Water: Celebrating the Great Traditions of Christian Faith*. Harper SanFrancisco.
- Wade-Gayles, Gloria. ed. 1995. *My Soul Is a Witness: African American Women's Spirituality*. East Sussex, UK: BeaconPress.

- Guenther, Margaret. 1992. *The Art of Spiritual Direction*. Cambridge, MA: Cowley Publications.
- _____. 2000. *My Soul in Silence Waits: Meditations on Psalms 62*. Cambridge, MA: Cowley Publications.
- Guyon, Madame. Donna C. Arthur. ed. 1984. *Experiencing God Through Prayer*. Whitaker.
- Hall, Thelma. 1988. *Too Deep for Words; Rediscovering Lectio Divina*. New York: Paulist Press.
- St. Ignatius. 1989. *The Spiritual Exercises of Saint Ignatius*. Trans. Mottola, Anthony. New York: Image Books.
- Ignatius of Loyola. ed. by George E. Ganss. 1991. *The Spiritual Exercises and Selected Works*. New York: Paulist Press.
- Johnson, Elizabeth. 1993. *She Who Is: The Mystery of God in Feminist Theological Discourse*. New York: Crossroad Publishing.
- Keating, Thomas. 1994. *Intimacy with God*. New York: Crossroad Publishing.
- Kelsey, Morton T. 1995. *The Other Side of Silence: A Guide to Christian Meditation*. New York: Paulist Press.
- _____. 1995. *Companions on the Inner Way*. New York: Crossroad Publishing.
- Laubach, Frank. 1946. *Prayer: The Mightiest Force in the World*. Fleming H. Revell Company.
- _____. 1954. *Channels of Spiritual Power*. Fleming H. Revell Company.
- _____, and Brother Lawrence. 1973. *Practicing His Presence*. The Seed Sowers.
- Merton, Thomas. 1960. *Spiritual Direction and Meditation*. Collegeville, MN: Liturgical.
- _____. 1971. *Contemplative Prayer*. New York: Image Books.
- _____. 1972. *New Seeds of Contemplation*. New York: New Directions.
- Meyer, Richard C. 1990. *One Anothering: Biblical Building Blocks for Small Groups*. Vol 1 Philadelphia: Innisfree Press.
- _____. 1998. *One Anothering: Building Spiritual Community in Small Groups*. Vol 2 Philadelphia: Innisfree Press.
- _____. 2002. *One Anothering: Creating Significant Spiritual Community*. Vol. 3 Philadelphia: Innisfree Press
- Miller, Calvin. 2000. *Into the Depths of God: Where Eyes See the Invisible, Ears Hear the Inaudible, and Minds Conceive the Inconceivable*. Minneapolis: Bethany House.
- Nouwen, Henri. 1979. *The Wounded Healer*. New York: Image Books.
- _____. 1981. *The Way of the Heart: Desert Spirituality and Contemporary Ministry*. New York: Seabury Press.

- _____. 1986. *Lifesigns: Intimacy, Fecundity, and Ecstasy in Christian Perspective*. New York: Doubleday.
- _____. 1987. *Behold the Beauty of the Lord: Praying with Icons*. Notre Dame, IN: Ava Maria Press.
- _____. 1989. *In the Name of Jesus: Reflections on Christian Leadership*. New York: The Crossroad Publishing Company.
- _____. 1992. *Life of the Beloved. Spiritual Living in a Secular World*. New York: The Crossroad Publishing Company.
- _____. 1997. *Adam: God's Beloved*. Maryknoll, NY: Orbis Books.
- _____. 2001. *Turn My Mourning Into Dancing: Finding Hope in Hard Times*. Nashville: Thomas Nelson Publishing.
- _____. 2005. ed. Michael Ford. *The Dance of Life: Weaving Sorrows and Blessings into One Joyful Step*. Notre Dame, IN: Ava Maria Press.
- Pardue, Emily A. 2005. *The Drama of Dance In The Local Church*. Xulon Press.
- Peterson, Eugene. 1989. *The Contemplative Pastor: Returning to the Art of Spiritual Direction*. Dallas: Word.
- Rupp, Joyce. 1992. *May I Have This Dance?* Notre Dame, IN: Ave Maria Press
- _____. 1996. *Dear Heart, Come Home*. New York: Crossroad.
- Teresa of Avila. 1979. *The Interior Castle*. Trans. Kieran Kavanaugh and Otilio Rodriguez. New York: Paulist Press.
- _____. 1995. ed. Trace Murphy *Perfect Love: The Meditation, Prayers and Writings of Teresa of Avila*. New York: Doubleday.
- Walsh, James. 1981. *The Cloud of Unknowing*. New York: Paulist Press.
- Wardle, Terry. 1998. *Draw Close to the Fire: Finding God in the Darkness*. Chosen Books.
- _____. 2000. *The Soul's Journey Into God's Embrace*. Ashland, OH: The Sandberg Leadership Center.
- Watson, JoAnn Ford. 1993. *Meditations on Suffering*. Vantage Press.
- Willard, Dallas. 1988. *The Spirit of the Disciplines: Understanding How God Changes Lives*. New York: HarperCollins.
- _____. 1998. *The Divine Conspiracy: Rediscovering our Hidden Life in God*. HarperSanFrancisco.