I. Course Description: Provides a basic introduction and overview of alcoholism and other chemical dependencies and their treatment. The pathology of addiction is explored while examining the signs, symptoms and stages involved.

II. Student Learning Outcomes (SLO):

As a result of the class, students will:

1.) Have an overview of the addiction cycle and the numerous agents that impact addiction.

2.) Be able to discuss current theories and models of addictive behaviors and their implications for disease prevention, treatment, recovery and rehabilitation.

3.) Be acquainted with a range of resources for assessments and proper referral including risk factors and promotion of psychological health.

4.) Be aware of cultural differences in substance use beliefs and practices, use of treatment facilities, and barriers to substantive care and service delivery.

5.) Think from a pastoral care framework with a biblical perspective on addictions.

III. Knowledge Base

IV. Teaching Strategies For Student Learning

This course will utilize a variety of learning approaches including, but not limited to, readings, modeling, personal reflection, and small group participation. Small groups composed of from 8 to 12 students will be formed and each group will be led by a professor who is a licensed counselor. Using this small group format, students will receive instruction and practice in interpersonal skills development, group facilitation, healthy confrontation, and effective group closure. The course format will include lectures, small group exercises, discussions, and individual and group projects.

V. Course Requirements

A. Textbooks

1. Required


2. Recommended


B. Attendance

According to the student handbook, attendance at all class sessions is expected unless the professor has been notified in advance. Any student missing the equivalent of six class hours will be required to do additional work, receive a lower grade or withdraw from the class; this is at the discretion of the professor.

Regular attendance at all class meetings is a necessary prerequisite of success in college-level studies. Class attendance provides an index of your interest and ability to act responsibly, and gives you a practical opportunity for self-management. Only one class may be missed without a grade reduction. Excessive absence or tardiness may result in a loss of 20 points, resulting in a half-grade reduction.
C. Assignments/Assessment of Student Learning

Assignments

1. 50% - Choose either option A or option B

A. Observation Report Due: July 31, 2013 (SLO #1-5)
   (a). Select and observe, for at least one session, a structured or self-help addictions counseling group. Write a report on the structure, dynamics, process, goals, leadership styles, and evaluation of the selected group. The report should also include the impact of social, spiritual, religious, environmental, economic, and cultural issues on the addiction and recovery process as observed in the group. Students should use this opportunity to synthesize and integrate their learning. Paper should be 5 pages and written APA style.

   OR

B. Interview one person who is dealing with an addiction. Ask questions about the person’s history, family of origin, environment, etc.: when, where, why, how the addiction began. What is the person doing to facilitate his/her recovery? Write a brief treatment plan for the person. Paper should be 5 pages.

2. 50% - Family Counseling Project Due: July 31, 2013 (SLO #1-5)
   (a). Complete a project on the effects of addiction on the family unit. Research the methodology used to counsel families who have experienced an addicted family member, and report findings. Integrate how you would provide professional counseling or biblical counseling (or both) to a family that has an addicted family member? What tools and techniques would you use? Why? What if any bias would you bring into the counseling dynamics? What organizations would you utilize as resources? AA, Etc.?
   (b). Required length of paper- minimum 5 pages

Late work policy
All written assignments are to be completed ON TIME. No late assignments will be accepted unless arrangements have been made with the instructor ahead of time. If no arrangements are made, please do not turn in late work. No grades of Incomplete will be given. Grades of “E” (extension) will be given only in extreme situations and only if the appropriate paperwork is filed in a timely manner.

Classroom preparation & plagiarism policy
It is strongly recommended that you come to class with a heart submitted to God and with a teachable mind. Come prepared by reading and integrating all textbook assignments and by functioning as facilitator on your designed night. Acts of plagiarism will not be tolerated. Students found guilty of plagiarism will receive a failing grade on the assignment, and are subject to receive a failing grade in the course and dismissal from the Pastoral Counseling Program.
Participation
Participation, involvement, and commitment are necessary. In order to facilitate insightful sharing, students are expected to prepare in advance for class by reading required texts and completing assignments.

D. Calculation of Grade
Observation Report or Interview  50%
Group Project  50%

VI. Course Schedule: Date, Topic, Reading Assignment
June 13, 2013 Introduction/ Syllabus
Desire: Addiction and Human Freedom
Addiction & Grace – Chapters 1 & 2
Experience: The Qualities of Addiction Mind: The Psychological Nature of Addiction
Becoming a Chemical Dependence Counselor
Addiction & Grace – Chapters 2 & 3
Essentials of Chemical Dependency Counseling – Chapter 1

June 14, 2013 Sexual Addiction & Gambling Addiction
Characterizing Clients and Assessing their Needs
Essentials of Chemical Dependency Counseling – Chapter 4
Body: The Neurological Nature of Addiction

June 15, 2013
Addiction & Grace – Chapters 4 & 5
Essentials of Chemical Dependency Counseling – Chapter 2
Grace: The Qualities of Mercy
Empowerment: Grace and Will in Overcoming Addiction
Aftercare and Relapse Prevention
Some Questions and Answers, Addiction & Grace – Chapters 2 & 3
Essentials of Chemical Dependency Counseling – Chapters 8 & 12

July 31, 2013 Both Observation Report and Family Projects Due

VII. Seminary Guidelines
A. ATS Academic Integrity Policy
Ashland Theological Seminary seeks to model servant leadership derived from biblical standards of honesty and integrity. We desire to encourage, develop, and sustain men and women of character who will exemplify these biblical qualities in their ministry to the church and the world. As members of the seminary community, students are expected to hold themselves to the highest standards of academic, personal, and social integrity. All students, therefore, are expected to abide by the academic integrity standards outlined in the Student Handbook.
B. Writing Assistance
If you need assistance with writing projects for your coursework, contact the ATS Writing Center. The center provides free sessions with a peer consultant who can help you with all of your concerns about academic writing. Contact the center if you have a question about how to complete your assignment, if you have documentation questions, or if you would like to have your paper evaluated for areas needing improvement. The ATS Writing Center can be reached at 419-289-5162 or by e-mail at atswc@ashland.edu.

C. Students with Disabilities
For students who have specific physical, psychiatric or learning disabilities and require accommodations, please let the professor know early in the quarter (preferably the first week) so that your learning needs can be appropriately met. In order to receive accommodations, documentation concerning your disability must be on file with Classroom Support Services, 105 Amstutz Hall, Ashland University, 419-289-5953. Please contact them with any questions you may have.

D. ATS Grading Scale

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percent</th>
<th>Grade Points</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>97-100</td>
<td>4.0</td>
<td>Superior achievement of course objectives, diligence and originality, high degree of freedom from error, outstanding evidence of ability to utilize course knowledge, initiative expressed in preparing and completing assignments, positive contributions verbalized in class.</td>
</tr>
<tr>
<td>A-</td>
<td>92-96</td>
<td>3.7</td>
<td></td>
</tr>
<tr>
<td>B+</td>
<td>89-91</td>
<td>3.3</td>
<td></td>
</tr>
<tr>
<td>B</td>
<td>86-88</td>
<td>3.0</td>
<td>Good work submitted, commendable achievement of course objectives, some aspects of the course met with excellence, substantial evidence of ability to utilize course material, positive contributions verbalized in class, consistency and thoroughness of work completed.</td>
</tr>
<tr>
<td>B-</td>
<td>83-85</td>
<td>2.7</td>
<td></td>
</tr>
<tr>
<td>C+</td>
<td>80-82</td>
<td>2.3</td>
<td></td>
</tr>
<tr>
<td>C</td>
<td>77-79</td>
<td>2.0</td>
<td>Acceptable work completed, satisfactory achievement of course objectives, demonstrating at least some ability to utilize course knowledge, satisfactory class contribution.</td>
</tr>
<tr>
<td>C-</td>
<td>74-76</td>
<td>1.7</td>
<td></td>
</tr>
<tr>
<td>D+</td>
<td>71-73</td>
<td>1.3</td>
<td>Passing but minimal work, marginal achievement of course objectives, poor performance in comprehension of work submitted, inadequate class contributions.</td>
</tr>
<tr>
<td>D</td>
<td>68-70</td>
<td>1.0</td>
<td></td>
</tr>
</tbody>
</table>
E. Relationship to Curriculum Model

**Core Identity** rooted in Christ, as the source from which life and ministry flow.

Emphasis will be placed on getting to know who one is as a child of God. Even in our brokenness, the image of God can be found.

**Character** that reflects maturity in Christ.

This class will focus on the relationship between client and counselor. That relationship will focus on the character of Christ as the model for living. The emphasis will be on forming a relationship with Christ as a necessary component of healing.

**Calling** that is foundational for servant leadership in the church, community and world.

Counselors must see dealing with addictions as a ministry. This class will assist them in clarifying their call to this type of ministry.

**Competence** in the disciplines and skills relevant to Christian ministry.

This class is designed to train counseling students to be aware of the signs and symptoms of addictions. They will also learn theories and techniques that will assist them in dealing with clients with substance abuse problems.

Selected Bibliography (bold texts are required course texts)


