

CNS 7777: ADDICTIONS
ASHLAND THEOLOGICAL SEMINARY
DETROIT COUNSELING PROGRAM
Summer Term, 2017

2 Thursdays, 2Fridays & 1Saturdays, 6-9:45 Th & F, 8am-4:00pm S
June 29-30; July 13-15

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I. Course Description

Provides a basic introduction and overview of alcoholism and other chemical dependencies and their treatment. The pathology of addiction is explored while examining the signs, symptoms and stages involved.

II. Student Learning Outcomes (SLO)

The student will be able to:

- 1.) Articulate the addiction cycle and the numerous agents that impact addiction in a multicultural society. (DLO Knowledge 2)
- 2.) Apply effective strategies for treatment, planning, and intervention of addictive behaviors and their implications for disease prevention, treatment, recovery and rehabilitation. (DLO Professional Skills 2.)
- 3.) Integrate resources for assessments and proper referral methods including individual and personal risk factors and promotion of psychological health. (DLO Professional Skills 5.)
- 4.) Indicate the role that personal faith or belief systems play in the counseling process. (DLO Knowledge 9)

III. Knowledge Base

Michigan Educational Requirement for Admission to the Examination for Professional Counselor Licensure – This course meets the Michigan Administrative Code (SOAHR) requirement for Counseling Philosophy – R338.1753 Rule 3 (2)(e).

IV. Course Requirements

A. Textbooks

1. *Required*

Capuzzi, D., & Stauffer, M.D. (2011). *Foundations of Addiction Counseling* (2nd Ed.). Pearson. ISBN-13: 978-0137057788

May, Gerald G. *Addiction and Grace*. (1988). Harper Collins Publication, New York, New York ISBN#: 0-06-065537-2

2. *Recommended*

Lawson, Gary W., Lawson, Ann W., and Rivers, P. Clayton. *Essentials of Chemical Dependency Counseling*. (3rd ed.). (2001). Aspen Publishers, Inc. Gaithersburg, Maryland ISBN#: 0-944480-34-9

B. Attendance

According to the student handbook, attendance at all class sessions is expected unless the professor has been notified in advance. Any student missing the equivalent of six class hours will be required to do additional work, receive a lower grade or withdraw from the class; this is at the discretion of the professor.

Regular attendance at all class meetings is a necessary prerequisite of success in college-level studies. Class attendance provides an index of your interest and ability to act responsibly, and gives you a practical opportunity for self-management. Only one class may be missed without a grade reduction. Excessive absence or tardiness may result in a loss of 20 points, resulting in a half-grade reduction.

C. Assignments/Assessment of Student Learning

Assignments

1. 50% - Choose either option A or option B

A. *Observation or Interview Report Due: July 31, 2017 via email by midnight* (SLO #1-4)

(a). Select and observe, for at least one session, a structured or self-help addictions counseling group (AA, Celebrate Recovery, Small Group within a Church context, etc). Write a report on the structure, dynamics, process, goals, leadership styles, and evaluation of the selected group. The report should also include the impact of social, spiritual, religious, environmental, economic, and cultural issues on the addiction and recovery process as observed in the group. Students should use this opportunity to synthesize and integrate their learning, especially from the Capuzzi and Stauffer text. Required length of paper-minimum 6 pages and this does not include the title page and the bibliography. Be sure to include an introduction section to your paper.

OR

C. Interview one person who is dealing with an addiction.

(SLO #1-4)

Ask questions about the person’s addiction history, family of origin, environment, emotional and psychological effects of the addiction, family and financial impact, etc.: when, where, why, how the addiction began. What is the person doing to facilitate his/her recovery? Utilize and integrate the Capuzzi and Stauffer text. Write a brief treatment plan for the person. Required length of paper- minimum 6 pages and this does not include the title page and the bibliography. Be sure to include an introduction section to your paper.

2. 50% - Family Counseling Project

Due: July 31, 2017 via email by midnight (SLO #1-4)

(a). Complete a project on the effects of addiction on the family unit. Research the methodology used to counsel families who have experienced an addicted family member, and report findings. Integrate how you would provide professional counseling or biblical counseling (or both) to a family that has an addicted family member? What tools and techniques would you use? Why? What if any bias would you bring into the counseling dynamics? What organizations would you utilize as resources? AA, Etc.? You must integrate aspects of both course texts within your paper. You must properly cite the authors using APA format. You can integrate articles, current research, etc. into your paper. (b). Required length of paper- minimum 6 pages and this does not include the title page and the bibliography. Be sure to include an introduction section to your paper.

D. Calculation of Grade and Connection with Learning Outcomes

<i>Assignments</i>	<i>Learning Outcomes</i>	<i>Percent of Final Grade</i>
Observation report or interview	1,2,3,4	50%
Group Project	1,2,3,4	50%

V. Tentative Course Schedule

<i>Day #</i>	<i>Date(s)</i>	<i>Lecture/Topic</i>	<i>Readings/Assignments</i>
1	Thursday 06/29/17 6:00 – 9:45pm	Introduction/ Syllabus Desire: Addiction and Human Freedom History and Etiological Models of Addiction Substance Addictions	Syllabus Addiction & Grace – Chapters 1 & 2

2	Friday 06/30/17 6:00 – 9:45pm	Sexual Addiction & Gambling Addiction Introduction to Assessment Motivational Interviewing 12-Step Facilitation of Treatment Body: The Neurological Nature of Addiction	Addiction & Grace – Chapters 2 & 3
3	Thursday 07/13/17 6:00 – 9:45pm	Grace: The Qualities of Mercy Empowerment: Grace and Will in Overcoming Addiction Alcohol Addiction & Families Maintenance and Relapse Prevention Group Work- Discuss Case Studies	Addiction & Grace – Chapters 4 & 5
4	Friday 07/14/17 6:00 – 9:45pm	Foundations of Addiction Counseling	Review Class Text
5	Saturday 07/15/17 9:00am – 4:30pm	Foundations of Addiction Counseling	Review Class Text

VI. Seminary Guidelines

A. ATS Academic Integrity Policy

Ashland Theological Seminary seeks to model servant leadership derived from biblical standards of honesty and integrity. We desire to encourage, develop, and sustain men and women of character who will exemplify these biblical qualities in their ministry to the church and the world. As members of the seminary community, students are expected to hold themselves to the highest standards of academic, personal, and social integrity. All students, therefore, are expected to abide by the academic integrity standards outlined in the *Student Handbook*.

B. Seminary Writing Consultation Service

The Seminary Writing Consultation Service can help you brainstorm, draft, and revise your writing assignments in your graduate Seminary classes. Masters-

qualified Consultants can advise you online or in person. E-mail your request for assistance to swc_group@ashland.edu
 Include the following information: Your name, the course # & professor's name, a brief description of the assignment, and your timeline.
 For more information, visit: <http://seminary.ashland.edu/services/student-services/seminary-writing-consultation-services>

C. Students with Disabilities

It is Ashland University's goal that learning experiences be as accessible as possible. If you anticipate or experience physical or academic barriers based on a disability, please contact Disability Services at 419-289-5904, or send an email to dservices@ashland.edu. The Disability Services office and the course instructor will work together in order to establish accommodations, and to meet your learning needs.

D. ATS Grading Scale

Grade	Percent	Description
A	97-100	Superior achievement of course objectives, diligence and originality, high degree of freedom from error, outstanding evidence of ability to utilize course knowledge, initiative expressed in preparing and completing assignments, positive contributions verbalized in class.
A-	92-96	
B+	89-91	
B	86-88	Good work submitted, commendable achievement of course objectives, some aspects of the course met with excellence, substantial evidence of ability to utilize course material, positive contributions verbalized in class, consistency and thoroughness of work completed.
B-	83-85	
C+	80-82	
C	77-79	Acceptable work completed, satisfactory achievement of course objectives, demonstrating at least some ability to utilize course knowledge, satisfactory class contribution.
C-	74-76	
D+	71-73	
D	68-70	Passing but minimal work, marginal achievement of course objectives, poor performance in comprehension of work submitted, inadequate class contributions.
D-	65-67	
F	Below 65	Unacceptable work resulting in failure to receive class credit, inadequacy of work submitted or of performance and attendance in class.

VII. Selected Reference List or References

Kinney, J. (2011). *Loosening the grip: A handbook of alcohol information* (10th Ed.). USA, McGraw-Hill, Inc. ISBN: 978-0-07-340468

Lawson, Gary W., Lawson, Ann W., and Rivers, P. Clayton. *Essentials of Chemical Dependency Counseling. (3rd ed.)*. (2001). Aspen Publishers, Inc. Gaithersburg, Maryland ISBN#: 0-944480-34-9

May, Gerald G. *Addiction and Grace*. (1988). Harper Collins Publication, New York, New York ISBN#: 0-06-065537-2

May, Gerald C. *The Awakened Heart: Living Beyond Addiction*. (1997). Harper Collins Publishers, New York, New York.

Rogers, Rex M., *Seducing America: Is Gambling a Good Bet?* (1997). Baker Books: Grand Rapids, MI