

PCC 7728 - Care of the Soul & Formational Prayer
Ashland Theological Seminary
Fall 2020
Cleveland, Tuesdays 6:00-9:00 pm
Instructor: Dr. Thomas W. Gilmore
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I. Course Description

This course is designed to equip students with the understanding and competency necessary to provide Christian nurture and counsel that leads to healthy Christian formation. Attention will be given to the place of spiritual direction, pastoral care, and basic counseling skills as each relates to soul care. Special attention will be given to the ministry of formational prayer, and as such students will explore the qualifications and preparation necessary to embrace a ministry of inner healing prayer.

II. Student Learning Outcomes

This course format consistently meets the same quality, assessment, learning outcomes, and requirements of the traditional face-to-face semester offering of this course. For fall 2020, the sessions for this class may be offered 100% face-to-face in a physical classroom (with remote access for pre-scheduled students) 100% face-to-face virtually using technologies such as Zoom or Collaborate, as a combination of face-to-face sessions and digital activities/lectures (virtually or in-person), or as a combination of any of these elements. In the event of extended disruptions of normal classroom activities due to the pandemic, the format for this course may be modified to utilize 100% face-to-face virtual/digital classroom sessions.

As a result of this course, students will be able to

1. Demonstrate critical and faithful interpretation and responsible use of Scripture within the ministry of inner healing prayer and formational counseling.
2. Establish communal and spiritual disciplines that nourish the pastoral counselor and caregiver.
3. Not assessed in this course.
4. Demonstrate critical theological reflection that is biblically faithful, historically grounded, contextually relevant, and integrated within pastoral counseling and care.
5. Not assessed in this course.
6. Demonstrate basic skills in pastoral counseling and care, which include intervention and mobilizing others in the church.

III. Course Requirements

A. Required Textbooks

Clarke, Jean Illsley & Connie Dawson. 1998 *Growing Up Again: Parenting Ourselves, Parenting Our Children, 2nd Ed.* Center City, MN: Hazelden.
ISBN: 1-56838-190-5

Moon, Gary W. and David G. Benner. 2004 *Spiritual Direction & the Care of Souls*. Downers Grove: InterVarsity Press. ISBN: 0-8308-2777-3

Payne, Leanne. 1991 *Restoring the Christian Soul: Overcoming Barriers to Completion in Christ Through Healing Prayer*. Grand Rapids, MI: Baker Books. ISBN: 0-8010-5699-3

Wardle, Terry. 1994. *Wounded: How You Can Find Inner Wholeness and Healing in Him*. Camp Hill, PA: Christian Publications. ISBN: 0-87509-553-4

B. Attendance

According to the Student Handbook, attendance at all class sessions is expected, unless the professor has been notified in advance and has approved the absence. Students should be on time and should stay through the duration of all classes. Any student missing more than six class hours (2 weeks) will be required to do additional work, receive a lower grade, audit or withdraw from the class, or be penalized otherwise at the discretion of the professor.

C. ASSIGNMENTS/ASSESSMENTS OF STUDENT LEARNING

1. **Book Reviews-** Students will do an in-debt analysis of each assigned text. Students must use critical thinking skills to give a complete picture of the reviewed material. Each review will be 5-7 pages and will be guided by questions assigned for each text. Assigned questions will be provided in class. **Assignment worth 60% of final grade (15% for each paper).**
2. **Spiritual Disciplines Reflections-** Students will be given a different spiritual discipline to practice each week. Students are to complete and turn in a one-page reflection on the experience. Further instructions will be given in class. **Assignment worth 15% of final grade.**
3. **Small Group Assignments -** Students will work in small groups to learn the structures and process of inner healing and formational prayer. Each session will include a teaching component, an experiential component and a bi-weekly assignment. All assignments will be turned in on the following week. **Assignments worth 25% of final grade.**

D. Calculation of Grade

Assignments	Learning Outcomes	Percent of Final Grade
1. Book Reviews	1, 4, 6	60%
2.Spiritual Discipline Assignments	1, 2, 4	15%
3.Small Group Assignments	1, 4, 6	25%
		100%

IV. COURSE SCHEDULE

This class is designed for face to face. However, as a result of the Covid-19 pandemic, this class will only meet face to face every other week beginning with the first class. Alternate weeks (In Blue) will meet via Zoom. Adjustments will be made as needed as we navigate this new format.

Class	Date	Lecture/Topic	Reading/Assignments
1	September 1, 2020	Formational Counseling	Wardle
	September 7	Labor Day	No Class
2	September 8, 2020	Experiencing God's Love	Wardle Reflection Due
3	September 15, 2020	Trusting God	Payne Part 1
4	September 22, 2020	The Structures of Healing	Payne Part 2
5	September 29, 2020	Dysfunctional Behaviors	Payne Part 3
6	October 6, 2020	Emotions: What do they reveal?	Payne Assignment Due
7	October 13, 2020	The Power of the Cross	Moon Part 1
8	October 20, 2020	Lamentations	Moon Part 2
9	October 27, 2020	Identifying False Beliefs	Moon Assignment Due
10	November 3, 2020	Going Deeper	Illsley Sections 1-2
11	November 10, 2020	The Body Outline	Illsley Sections 3-4
12	November 17, 2020	Healing Deep Wounds	Illsley Sections 5-6
	November 24, 2020	Thanksgiving	No Class
13	December 1, 2020	The Word of Truth	Illsley Sections 7-8
14	December 8, 2018	Forgiveness	Illsley Assignment Due
15	December 15, 2018	Formational Prayer	

V. LIFELONG LEARNING

Students are encouraged to continue their learning beyond this course. Some of the ways that students may further their training would be through:

- Reading any number of suggested books found in the bibliography of this syllabus (Section X).
- Developing friendships with other pastors and pastoral counselors that result in personal growth and accountability.
- Find a spiritual director to continue to work on personal inner healing and spiritual growth.
- Attending the Speakers Forums offered through The Institute of Formational Counseling.

VI. SEMINARY GUIDELINES

A. ATS Academic Integrity Policy

Ashland Theological Seminary expects each student to uphold the Seminary's core value of academic excellence by contributing to an environment that is both challenging and supportive. In such an environment a student will neither seek nor offer improper assistance. All students have an obligation to be forthright in their academic endeavors and to respect ethical standards. The work that one submits for academic evaluation must be one's own, unless an instructor expressly permits certain types of collaboration. Academic integrity requires that each student will use one's own capabilities to achieve one's fullest potential and will neither offer nor accept aid that is not in keeping with regularly accepted standards of academic integrity. Failure to conform to this conduct shall constitute academic dishonesty. The full Academic Integrity Policy statement may be found in the *Student Handbook*.

B. Ashland Multiliteracy Center for Writing, Speaking, And Digital Communication

The Ashland Multiliteracy Center Service can help you brainstorm, draft, and revise your writing assignments in your graduate Seminary classes. Masters and doctoral qualified Consultants can advise you online or in person.

To schedule an appointment, visit [Ashland Multiliteracy Center](#) and select "Online and Graduate" from the schedule menu.

C. Accessibility Resources and Accommodations

It is Ashland University's goal that learning experiences be as accessible as possible. If you anticipate or experience physical or academic barriers based on a disability, please contact the Student Accessibility Center at [419-289-5904](tel:419-289-5904), or send an email to dservices@ashland.edu. The Student Accessibility Center office and the course instructor will work together in order to establish accommodations and to meet your learning needs.

A. ATS Grading Scale

Grade	Quality	Percent	Description
A	4.0	97-100	Superior achievement of course objectives, diligence and originality, high degree of freedom from error, outstanding evidence of ability to utilize course knowledge, initiative expressed in preparing and completing assignments, positive contributions verbalized in class.
A-	3.7	92-96	
B+	3.3	89-91	
B	3.0	86-88	Good work submitted, commendable achievement of course objectives, some aspects of the course met with excellence, substantial evidence of ability to utilize course material, positive contributions verbalized in class, consistency and thoroughness of work completed.
B-	2.7	83-85	
C+	2.3	80-82	
C	2.0	77-79	Acceptable work completed, satisfactory achievement of course objectives, demonstrating at least some ability to utilize course knowledge, satisfactory class contribution.
C-	1.7	74-76	
D+	1.3	71-73	
D	1.0	68-70	Passing but minimal work, marginal achievement of course objectives, poor performance in comprehension of work submitted, inadequate class contributions.
D-	0.7	65-67	
F	0.0	Below 65	Unacceptable work resulting in failure to receive class credit, inadequacy of work submitted or of performance and attendance in class.

VII. SELECTED BIBLIOGRAPHY OR REFERENCES

Benner, David G. 2004 *The gift of being yourself: The sacred call to self-discovery*. Downers Grove: InterVarsity Press.

Capps, Donald. 1981 *Biblical Approaches to Pastoral Counseling*. Philadelphia: Westminster Press.

Clinebell, Howard. 1983 *Basic Types of Pastoral Care and Counseling*. New Haven: Yale University Press.

Collins, Gary R. 2007 *Christian counseling: A comprehensive guide, 3rd ed.* USA: Thomas Nelson Publishers. ISBN 1-4185-0329-0

Crabb, Larry. 1999 *The Safest Place on Earth: Where people connect and are forever changed*. Nashville: Word Publishing. ISBN: 0-8499-1456-6

Curtis, Brent & John Eldredge. 1997 *The Sacred Romance: Drawing Closer to the Heart of God*. Nashville: Thomas Nelson Publishers.

Groeschel, Benedict J. 1993 *Healing the original wound: How to experience spiritual freedom &*

enjoy God's presence. Ann Arbor: Servant Publishers.

Johnson, W.B., & Johnson, W.L. 2000 *The pastor's guide to psychological disorders and treatment.* New York: The Haworth Press.

Jones, Stanton L. and Richard E. Butman. 1991 *Modern psycho-therapies: A comprehensive Christian appraisal.* Downers Grove: InterVarsity Press.

Keating, Thomas. 2005 *The Better Part: Stages of Contemplative Living.* New York: Continium.

Langberg, Diane Mandt. 2003 *Counseling survivors of sexual abuse.* USA: Xulon Press.

May, Gerald G. 2005 *The Dark Night of the Soul: A Psychiatrist Explores the Connection Between Darkness and Spiritual Growth.* New York: HarperSanFrancisco.

McGee, Robert S. 2003 *The search for significance: Seeing your true worth through God's eyes.* W. Publishing Group.

Miller, Calvin. 2000 *Into the depths with God.* Minneapolis, MN: Bethany House.

Mulholland, M.R. 1993 *Invitation to a Journey: A road map for spiritual formation.* Downers Grove, IL: Intervarsity Press.

Payne, Leanne. 2004 *The Healing Presence: Curing The Soul Through Union With Christ.* Grand Rapids, MI: Baker Books.

Sandford, John Loren and Mark Sanford. 1992 *A comprehensive guide to deliverance and inner healing.* Grand Rapids: Chosen Books. ISBN: 0-8007-9206-8

Savage, John S. 1996 *Listening and Caring Skills in Ministry: A guide for Pastors, Counselors, And Small Groups.* Nashville: Abingdon Press.

Wardle, Terry. 1998. *Draw close to the fire: Finding God in the darkness.* Grand Rapids: Chosen Books.

_____. 2001. *Healing care healing prayer: Helping the broken find wholeness in Christ.* Abilene, Texas: Leafwood Publishers

_____. 2000. *The soul's journey into God's embrace.* Ashland: Sandberg Leadership Center.

_____. 2003. *The transforming path: A Christ-centered approach to spiritual formation.* Siloam Springs, AK: Leafwood Publishers.

_____. 2004. *Outrageous Love Transforming Power: How the Holy Spirit shapes you into the likeness of Christ.* USA: Leafwood Publishers.

_____. 2007. *Strong Winds & Crashing Waves: Meeting Jesus in the memories of traumatic events*. Abeline TX: Leafwood Publishers.

Wicks, R.J., Parsons, R.D., & Capps, D. (1993). *Clinical handbook of pastoral counseling*. vol. 1. Mahwah, NJ: Paulist Press.

Wimberly, Edward P. 1979 *Pastoral care in the black church*. Nashville: Abingdon Press.

Yantzi, Mark. 1998 *Sexual offending and restoration*. Scottsdale, PA: Herald Press.

Yarhouse, M.A., Butman, R.E., & McRay, B.W. 2005 *Modern psychopathologies: A comprehensive Christian appraisal*. Downers Grove, IL: InterVarsity Press.