

**PCC 7728 Soul Care and the Ministry of Formational Prayer**  
**ASHLAND THEOLOGICAL SEMINARY**  
**Detroit Extension**  
**Summer Semester 2020**  
**Tuesdays, 6-9 pm**  
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### **I. Course Description**

This course is designed to equip students with the understanding and competency necessary to provide Christian nurture and counsel that leads to healthy Christian formation. Attention will be given to the place of spiritual direction, pastoral care, and basic counseling skills as each relates to soul care. Special attention will be given to the ministry of formational prayer, and as such students will explore the qualifications and preparation necessary to embrace a ministry of inner healing prayer.

#### *Further Description*

This course exists to prepare students for authentic and effective ministry that flows from deep commitments to the spiritual, emotional, and relational priorities necessary to authentic and effective ministry. The student will also experience prayer as a context for character development and be equipped to position himself/herself before the Lord for deep personal transformation and empowerment in ministry.

### **II. Student Learning Outcomes**

**As a result of this course, students will be able to:**

1. Demonstrate critical and faithful interpretation and responsible use of Scripture within the ministry of inner healing prayer and formational counseling.
2. Establish communal and spiritual disciplines that nourish the pastoral counselor and caregiver.
3. Not assessed in this course
4. Demonstrate critical theological reflection that is biblically faithful, historically grounded, contextually relevant, and integrated within pastoral counseling and care.
5. Not assessed in this course.
6. Demonstrate basic skills in pastoral counseling and care, which include intervention and mobilizing others in the church.

### **III. Course Requirements**

#### **A. Textbooks**

Payne, Leanne. 1991 *Restoring the Christian Soul: Overcoming Barriers to Completion in Christ Through Healing Prayer*. Grand Rapids, MI: Baker Books. ISBN: 0-8010-5699-3

Siegel, Daniel. 2012. *Mindsight: the new science of personal transformation*. New York: Bantam Books. 978-0-553-80470-6

Wardle, Terry. 2001. *Healing care healing prayer*. Orange, CA: Leafwood Publishers ISBN 0-9700836-8-8

\_\_\_\_\_. 2007. *Strong winds and crashing waves: meeting Jesus in the memories of traumatic events*. Abilene, Texas: Leafwood Publishers. 0-89112-512-4

## **B. Assignments/Assessment of Student Learning**

### **1. Journaling (40% of the course grade)**

Reflections on the assigned texts (Payne, Siegel, Wardle (2)). A minimum of 4 pages per text is required. The texts are to be read reflectively, with journal and pen available. Entries should be made whenever you sense the Lord speaking to you through the material, or you feel particularly enlightened or stirred by the section you are reading. The journal should indicate:

Date

Book, page and reference

Reflections on such questions as:

- What you are sensing the Lord saying?
- What are the implications of that “inspiration”?
- What is your emotional response?
- How this “inspiration” relates to your past, present, future?
- What questions does it present?
- What answers?
- What tensions?
- What, if any, transformational dynamics have occurred?

### **2. Small Group Assignments (20% of the course grade)**

Students will work in small groups to learn the structures and process of inner healing and formational prayer. Each session will include a teaching component, an experiential component and a weekly assignment. All assignments will be turned in on the following week.

### **3. Final Paper (40% of the course grade)**

Student is to write a paper that details their understanding of *three of the following six* topics as each relates to formational prayer.

Core Longings

Spiritual Warfare

False Beliefs

Dysfunctional Behaviors

Deep Wounds

The Centrality of Christ

This paper should be written with direct relevance to the ministry of formational prayer. Integration of reading material, other academic sources, and scripture is essential.

Academic standards for writing must be honored. 15 pages in length-does not include cover page or reference page. Due the last week of class.

**C. Calculation of Grade and Connection of Learning Outcomes**

<i>Assignments</i>	<i>Learning Outcomes</i>	<i>Percent of Final Grade</i>
Journaling	2,3	40%
Final paper	1,2,3,4	40%
Small Group Assignment	1,2,3,4	20%

**III. Course Schedule**

*Tentative Course Schedule*

<i>Week #</i>	<i>Date(s)</i>	<i>Lecture/Topic</i>	<i>Readings/Assignments</i>
<i>1</i>	<i>May 12, 2020</i>	<i>Soul Care and Formational Prayer Defined</i>	<i>Journaling as described in section C above. Payne</i>
<i>2</i>	<i>May 19, 2020</i>	<i>Soul Care as Sacred Space</i>	<i>Journaling as described in section C above. Payne</i>
<i>3</i>	<i>May 26, 2020</i>	<i>The Nature of Brokenness: Congenital, Episodic, Sacramental</i>	<i>Journaling as described in section C above. Siegel</i>
<i>4</i>	<i>June 02, 2020</i>	<i>A Typology of Trauma</i>	<i>Journaling as described in section C above. Siegel</i>
<i>5</i>	<i>June 09, 2020</i>	<i>Empathy and Transitions to Healing Presence</i>	<i>Journaling as described in section C above. Siegel</i>
<i>6</i>	<i>June 16, 2020</i>	<i>Stages of Healing and Present Moment Awareness</i>	<i>Journaling as described in section C above. Siegel</i>
<i>7</i>	<i>June 23, 2020</i>	<i>Christian Belonging and</i>	<i>Journaling as</i>

		<i>Deep Healing</i>	<i>described in section C above. Healing Care Small Group Exercise</i>
8	<i>June 30, 2020</i>	<i>No Class- Spring Break</i>	
9	<i>July 07, 2020</i>	<i>Dysfunctional Behaviors and The Cross</i>	<i>Journaling as described in section C above. Healing Care Small Group Exercise</i>
10	<i>July 14, 2020</i>	<i>Emotional Upheaval/ Grieving Loss</i>	<i>Journaling as described in section C above. Healing Care Small Group Exercise</i>
11	<i>July 21, 2020</i>	<i>False Beliefs</i>	<i>Journaling as described in section C above. Healing Care Small Group Exercise</i>
12	<i>July 28, 2020</i>	<i>Easter Break</i>	
13	<i>August 04, 2020</i>	<i>Healing Deep Wounds Pt. 1</i>	<i>Journaling as described in section C above. Strong Winds Small Group Exercise</i>
14	<i>August 11, 2020</i>	<i>Healing Deep Wounds Pt.2</i>	<i>Journaling as described in section C above. Strong Winds</i>
15	<i>August 18, 2020</i>	<i>Spiritual Direction and Positioning for Transformation</i>	
16	<i>August 25, 2020</i>	<i>Final Class Review</i>	<i>Final papers due</i>

#### **IV. Recommendations for Lifelong Learning**

Maintaining spiritual, emotional, relational, and physical health in ministry is essential to effective service to Christ. As such, deep commitments to the upward, inward, outward, and forward journeys must be made, prioritized, and fulfilled by those engaging Christian ministry. Developing a rhythm of self-care guided by a personal philosophy of life and

authenticity is foundational, which must include accountability structures.

## V. Seminary Guidelines

### A. ATS Academic Integrity Policy

Ashland Theological Seminary expects each student to uphold the Seminary's core value of academic excellence by contributing to an environment that is both challenging and supportive. In such an environment a student will neither seek nor offer improper assistance. All students have an obligation to be forthright in their academic endeavors and to respect ethical standards. The work that one submits for academic evaluation must be one's own, unless an instructor expressly permits certain types of collaboration. Academic integrity requires that each student will use one's own capabilities to achieve one's fullest potential and will neither offer nor accept aid that is not in keeping with regularly accepted standards of academic integrity. Failure to conform to this conduct shall constitute academic dishonesty. The full Academic Integrity Policy statement may be found in the *Student Handbook*.

### B. Seminary Writing Consultation Service

The Seminary Writing Consultation Service can help you brainstorm, draft, and revise your writing assignments in your graduate Seminary classes. Masters and doctoral qualified consultants can advise you online or in person.

**To schedule an appointment**, visit [Writing Center Online](#) and select "Graduate and Online" from the schedule menu.

### C. Accessibility Resources and Accommodations

It is Ashland University's goal that learning experiences be as accessible as possible. If you anticipate or experience physical or academic barriers based on a disability, please contact the Student Accessibility Center at 419-289-5904, or send an email to [dservices@ashland.edu](mailto:dservices@ashland.edu). The Student Accessibility Center office and the course instructor will work together in order to establish accommodations and to meet your learning needs.

### D. ATS Grading Scale

Grade	Quality	Percent	Description
A	4.0	97-100	Superior achievement of course objectives, diligence and originality, high degree of freedom from error, outstanding evidence of ability to utilize course knowledge, initiative expressed in preparing and completing assignments, positive contributions verbalized in class.
A-	3.7	92-96	
B+	3.3	89-91	
B	3.0	86-88	Good work submitted, commendable achievement of course objectives, some aspects of the course met with excellence, substantial evidence of ability to utilize course material, positive contributions verbalized in class, consistency and thoroughness of work completed.
B-	2.7	83-85	
C+	2.3	80-82	
C	2.0	77-79	Acceptable work completed, satisfactory achievement of course objectives, demonstrating at least some ability to utilize course knowledge, satisfactory class contribution.
C-	1.7	74-76	

D+	1.3	71-73	
D	1.0	68-70	Passing but minimal work, marginal achievement of course objectives, poor performance in comprehension of work submitted, inadequate class contributions.
D-	0.7	65-67	
F	0.0	Below 65	Unacceptable work resulting in failure to receive class credit, inadequacy of work submitted or of performance and attendance in class.

**Attendance Statement:**

According to the Student Handbook, attendance at all class sessions is expected, unless the professor has been notified in advance and has approved the absence. Students should be on time and should stay through the duration of all classes. Any student missing more than six class hours will be required to do additional work, receive a lower grade, audit or withdraw from the class, or be penalized otherwise at the discretion of the professor.

**VI. Selected Bibliography or References**

Benner, David G. 2004 *The gift of being yourself: The sacred call to self-discovery*. Downers Grove: InterVarsity Press.

Capps, Donald. 1981 *Biblical Approaches to Pastoral Counseling*. Philadelphia: Westminster Press.

Clinebell, Howard. 1983 *Basic Types of Pastoral Care and Counseling*. New Haven: Yale University Press.

Collins, Gary R. 2007 *Christian counseling: A comprehensive guide, 3rd ed.* USA: Thomas Nelson Publishers. ISBN 1-4185-0329-0

Curtis, Brent & John Eldredge. 1997 *The Sacred Romance: Drawing Closer to the Heart of God*. Nashville: Thomas Nelson Publishers.

Groeschel, Benedict J. 1993 *Healing the original wound: How to experience spiritual freedom & enjoy God's presence*. Ann Arbor: Servant Publishers.

Johnson, W.B., & Johnson, W.L. 2000 *The pastor's guide to psychological disorders and treatment*. New York: The Haworth Press.

Jones, Stanton L. and Richard E. Butman. 1991 *Modern psycho-therapies: A comprehensive Christian appraisal*. Downers Grove: InterVarsity Press.

Keating, Thomas. 2005 *The Better Part: Stages of Contemplative Living*. New York: Continuum.

Langberg, Diane Mandt. 2003 *Counseling survivors of sexual abuse*. USA: Xulon Press.

May, Gerald G. 2005 *The Dark Night of the Soul: A Psychiatrist Explores the Connection Between Darkness and Spiritual Growth*. New York: HarperSanFrancisco.

- McGee, Robert S. 2003 *The search for significance: Seeing your true worth through God's eyes*. W. Publishing Group.
- Miller, Calvin. 2000 *Into the depths with God*. Minneapolis, MN: Bethany House.
- Mulholland, M.R. 1993 *Invitation to a Journey: A road map for spiritual formation*. Downers Grove, IL: Intervarsity Press.
- Savage, John S. 1996 *Listening and Caring Skills in Ministry: A guide for Pastors, Counselors, And Small Groups*. Nashville: Abingdon Press.
- Wardle, Terry. 1998. *Draw close to the fire: Finding God in the darkness*. Grand Rapids: Chosen Books.
- \_\_\_\_\_. 2001. *Healing care healing prayer: Helping the broken find wholeness in Christ*. Abilene, Texas: Leafwood Publishers
- \_\_\_\_\_. 2000. *The soul's journey into God's embrace*. Ashland: Sandberg Leadership Center.
- \_\_\_\_\_. 2003. *The transforming path: A Christ-centered approach to spiritual formation*. Siloam Springs, AK: Leafwood Publishers.
- \_\_\_\_\_. 2004. *Outrageous Love Transforming Power: How the Holy Spirit shapes you into the likeness of Christ*. USA: Leafwood Publishers.
- \_\_\_\_\_. 2007. *Strong Winds & Crashing Waves: Meeting Jesus in the memories of traumatic events*. Abilene TX: Leafwood Publishers.
- Wicks, R.J., Parsons, R.D., & Capps, D. (1993). *Clinical handbook of pastoral counseling*. vol. 1. Mahwah, NJ: Paulist Press.
- Wimberly, Edward P. 1979 *Pastoral care in the black church*. Nashville: Abingdon Press.
- Yantzi, Mark. 1998 *Sexual offending and restoration*. Scottsdale, PA: Herald Press.